ELECTRONIC PRESS KIT

GHOSTS IN MY BODY

Ghosts in My Body is a solo project that blends melancholic synths, dark soundscapes, pulsating beats and distinctive guitar riffs into a modern Synth-Doom sound.

ARTIST / FACT SHEET

Project: Ghosts in My Body
Artist: Simon "Srec"
Origin: Switzerland
Founded: 2025
Project Type: Synth-Doom Solo Project
Genre: Melancolic Synth-Doom / Dark Electronic / Metal
Influences: Synth-Doom • Electronic • Gothic • Metal
Language: English
Live Format: Electronic Solo Performance
Availability: Festivals • Clubs • Support Shows • Alternative Live Events upon requestt



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BIOGRAPHY

Ghosts in My Body is the solo project of Swiss musician Simon “Srec”, launched in 2025.

Musically, Ghosts in My Body sits at the intersection of synth-doom, electronic music and metal. Heavy guitars, dark synthesizers and melancholic melodies come together to create a distinctive sound.

With Ghosts in My Body, Simon “Srec” follows his own musical path, without being confined to a single genre.

ARTISTIC VISION

Ghosts in My Body combines atmospheric electronic textures with heavy, distorted guitars. The music shifts between quiet, melancholic passages and powerful, dark bursts of intensity.

Atmosphere, dynamics and the interplay between electronic and organic sounds are at the heart of the project. The songs leave room for quieter moments, gradually build tension and develop their own intensity.

Ghosts in My Body is conceived as more than a collection of individual tracks. The way the songs complement one another and the moods they create are just as important as each track on its own.

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MUSICAL IDENTITY

Ghosts in My Body represents a contemporary synth-doom-sound that combines atmospheric synthesizers, distinctive guitars, and electronic energy into an immersive sonic experience.

Signature Elements

- Atmospheric synthesizers
- Distinctive guitar arrangements
- Pulsating electronic rhythms
- Deep bass lines
- Expressive vocals
- Cinematic soundscapes

The music seamlessly blends organic instrumentation with contemporary production, creating a dense and immersive atmosphere that moves between melancho and intensity.



LIVE CONCEPT

The live concept of Ghosts in My Body combines electronic elements, powerful guitars, and a dense atmospheric soundscape to create an intense audiovisual experience.

Designed as a solo performance, the project focuses on expression, dynamics, and an immersive musical experience that brings the emotional depth and atmosphere of the music to the stage.

LYRICAL THEMES

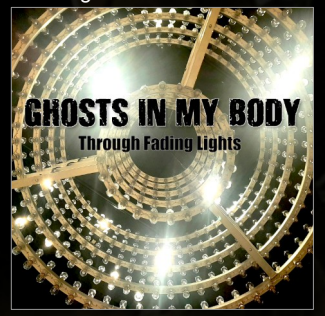
Ghosts in My Body explores themes of longing, transience, memory, and inner emotional tensions. The lyrics delve into isolation, identity, and the exploration of one's inner world, combining personal perceptions with a dark and haunting visual language.

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DISCOGRAPHY

Single-Release 2026/04



Single-Release 2026/08



SOUND

The sound of Ghosts in My Body combines dark synths, melancholic melodies, powerful guitars and pulsating rhythms. Electronic textures meet walls of heavy guitars, drawing on influences from Synth-Doom and Metal.

SOCIAL MEDIA / STREAMING

CONTACT

Booking, Press & Professional Inquiries:
Simon «Srec»
Ghosts in My Body

E-Mail: info@ghostsinmybody.com
Website: www.ghostsinmybody.com

PRESS AREA:
www.ghostsinmybody.com/press

TECHNICAL INFORMATION

A complete technical rider and stage plot will be provided upon request.